

Aquatics Program Schedule For June 30th - August 23rd 2008

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am	Lap Swim & Water X	Ai Chi 8am Sharp	Lap Swim & Water X	Ai Chi 8am Sharp	Lap Swim & Water X	Facility Opens @ 9:00am	Facility Opens @ 9:00am
8:30am							
9:00am	Gentle Stretch 9-10am	Gentle Stretch 9-10am	Gentle Stretch 9-10am	Gentle Stretch 9-10am	Gentle Stretch 9-10am	Ai Chi 9am Sharp	Baby Swim & Aqua jog
9:30am							
10:00am	Baby Swim *School Lessons & Aqua jog	<i>*School Lessons</i>	Baby Swim *School Lessons & Aqua jog	<i>*School Lessons & Aqua jog</i>	<i>*School Lessons & Aqua jog</i>	Healthy Exercise	Healthy Exercise
10:30am							
11:00am	Open Exercise	Open Exercise	Open Exercise	Open Exercise	<i>*Junior Swim Team</i>	Lap Swim & Open Swim	Lap Swim & Open Swim
11:30am							
12:00pm	Lap Swim & Open Exercise *Parent/Child Class	Baby Swim & Aqua jog	Lap Swim & Open Exercise *Parent/Child Class	Lap Swim & Baby Swim	Lap Swim & Open Swim	Family Swim 12 -1:30	Family Swim 12 -1:30
12:30pm							
1:00pm	Healthy Exercise	Healthy Exercise	Healthy Exercise	Healthy Exercise	Healthy Exercise	<i>Close @ 1:30</i>	<i>Close @ 1:30</i>
1:30pm							
2:00pm	<i>*Swimming Lessons</i>	Lap Swim & Open Exercise *Parent/Child Class	<i>*Swimming Lessons</i>	Lap Swim & Open Exercise *Parent/Child Class	Lap Swim & Open Exercise	Open for Pool Rentals	Open for Pool Rentals
2:30pm							
3:00pm		POOL CLOSED Staff Training & *Junior Water Polo Please check Dates					
3:30pm							
4:00pm							
4:30pm							
5:00pm				Up Tempo I & Lap Swim			
5:30pm	Lap Swim & Baby Swim						
6:00pm		Family Swim 6:00-8pm	<i>Aqua Yoga 6:30-7:45 *Pre-Register</i>				
6:30pm	Family Swim 6:30-8pm			<i>Close @ 7:45</i>			
7:00pm		Family Swim 6:30-8pm	<i>Close @ 7:45</i>				
7:30pm	<i>Close @ 8:00</i>						
8:00pm		<i>Close @ 8:00</i>					
8:30pm	Pool Rentals		Pool Rentals	Pool Rentals	Pool Rentals	Pool Rentals	Pool Rentals
9:00pm							

Rates
Drop-In \$5
Family & Baby
 2 Person \$8
 3-5 Person \$12
 Each Add. \$3

 Ask about our
 discounted
 punch cards and
 monthly passes!

**To schedule a
rental contact
David Mischak
(541) 954-2559**

All **Open Swim** times are open to all ages **Open Exercise** for fitness purposes only
** Series Classes as well as Swimming Lessons have various session dates and fee structures please contact us for more information (541) 686-9290.*